

# Year 2: Autumn Term: London

## Key Driver: Sticky Knowledge about London

- ☐ The Great Fire of London started on Pudding Lane in a bakery in 1666.
- ☐ The Great Fire of London spread quickly because the houses were made of wood and it was very windy.
- ☐ A man named Samuel Pepys wrote a famous diary about the Great Fire of London.
- ☐ Bonfire Night is celebrated on 5<sup>th</sup> November.
- ☐ Guy Fawkes was the main figure behind the Gunpowder plot. This was a failed attempt to blow up King James I and Parliament.



## Secondary Drivers: Design Technology

- ☐ To understand that sandwiches can form part of a healthy diet.
- ☐ To be able to name and describe different types of bread after tasting them.



- ☐ To design and make a healthy sandwich.
- ☐ To identify the carbohydrate and protein included in my sandwich design.




**PSHE:** How to lead a healthy lifestyle (both physically and mentally).

**PE:** Football and gymnastics.

**Music:** Learn to play tuned percussion instruments.

**RE:** Learn about different sacred books.

# Year 2: Healthy Living Knowledge Mat

Subject Specific Vocabulary		Interesting Books	Sticky Knowledge about healthy living	
healthy	Keeping healthy means doing things that are good for your body – things like eating nutritious foods, exercising, brushing your teeth and getting enough sleep		<input type="checkbox"/> Keeping healthy means caring for your body so you have enough energy to learn, play and grow.	
diet	Our bodies need a balanced diet to work properly. This involves drinking enough water and eating healthily.		<input type="checkbox"/> All foods contain nutrients which your body needs to stay active throughout the day. Some foods have more nutrients than others.	
off-spring	You can refer to a person’s children or an animal’s young as their off-spring.		<input type="checkbox"/> It's important not to eat too much sugar and salt: sugary foods are bad for your teeth and can be fattening, and salty foods can lead to heart disease	
exercise	Means to keep your body healthy by running, walking and playing. You will need to feel out of breath if you have exercised properly.			
hygiene	Taking care of our body by being clean and making sure we don’t smell.	Important facts to know by the end of the healthy living topic:	<input type="checkbox"/> Everyone should have their ‘5 a day’ – this means five portions of fruit and vegetables, to get the right amount of nutrients.	
five main food groups	These are bread, other cereals and potatoes, milk and dairy products, meat fish and alternatives, fruit and vegetables and food s and drinks high in fat and sugar.		<input type="checkbox"/> It’s important to have 30-60 minutes of exercise every day. This can include running around and playing games with friends.	
nutrition	Nutrition involves drinking enough water and eating the right amount of items from the five main food groups.	<ul style="list-style-type: none"><li>• Know that animals, including humans, have young animals that look like them.</li><li>• Know that the babies will grow into adults.</li><li>• Know what humans need to survive (including food and water).</li><li>• Know what animals need to survive.</li><li>• Know why it is important to exercise.</li><li>• Know why it is important to eat the right amounts of food.</li><li>• Know why it is important to keep clean and wash regularly.</li></ul>	Main Scientific Skill taught in the Healthy Eating topic.	
life cycle	The stages a living thing goes through during its life.			
survival	Survive usually means to succeed in keeping alive against odds			<input type="checkbox"/> Using their observations and ideas to suggest answers to questions