



Headteacher: Mrs J Simpkins  
B.Ed NPQH

*'A caring school where every child matters' (OFSTED)*

Newburgh Primary School

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9<sup>th</sup> September 2019

**Wednesday "Well-being club" Years 4,5 and 6.**

Dear Parents,

We are delighted to be able to offer a "Well-being" Club after school on Wednesdays from 3.15 – 4.15 p.m. for children, this club will take place in 5PM's classroom.

The club will begin on **Wednesday 2nd October** and the last session will be on **Wednesday 23<sup>rd</sup> October**.

The club will allow children to complete a range of activities to promote wellbeing. We will use our 5 areas of well-being to carry out a range of activities such as yoga, a variety of crafts and relaxation.

It is important, as with all clubs in school, that once children commit to them they attend each session. **Please collect your child from the main office.**

Should you have any questions please do not hesitate to contact us in school.

Yours sincerely

Miss P Masani and Mrs E Ritchie.

**Wednesday "Well-being" Club - Years 4,5,6 Reply slip**  
**(Please return your reply slips by Wednesday 18<sup>th</sup> September 2019)**

I wish my child ..... in class ..... to attend the "Well-being" Club. I understand the club will run on Wednesday afternoons from 3.15 – 4.15 p.m. from Wednesday 2<sup>nd</sup> October for 4 weeks, finishing on Wednesday 23<sup>rd</sup> October.

My child has the following medical notes to be aware of

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.....

Name of Parent .....

Signature .....



Adopted  
charity  
for the  
year

