

Dear Parent/Carer,

Height and weight checks for children in Reception and Year 6 during academic year 2018-19

Warwickshire School Health & Wellbeing Service is provided by Compass and commissioned by Public Health Warwickshire to provide a high quality, accessible and confidential service that improves the health and wellbeing of children and young people in Warwickshire.

Every year in England, children in Reception and Year 6 have their height and weight measured as part of the National Child Measurement Programme (NCMP), a mandated government activity. Your child's class will take part in this year's measurement programme within this school term.

The NCMP provides information to help build an understanding of national and local trends in child weight. It is important to have a good understanding of how children are growing, so that the best possible advice and support can be provided for them and their families.

The measurements will be taken at school in a private space away from other pupils by trained staff of Warwickshire School Health and Wellbeing Service. Children who take part will be measured fully clothed except for their coats and shoes. Routine data such as your child's name, date of birth, sex, address, postcode and ethnicity will also be collected to comply with legal obligation to complete the NCMP programme.

The data from all schools in the area will be gathered together and held securely by our local authority public health team. Please note that we may store your child's information on their health record and share it with their GP. No individual measurements will be given to school staff or other children, and all information will be treated confidentially. Please see attached our Privacy Notice for further information.

The programme's data are used within the local authority and NHS to help plan the provision of services and advice to support healthy weight and lifestyles in the area. The information is also submitted for national analysis and publication in a way that means individual children cannot be identified.

After the measurements, we will send you your child's results and information on healthy eating, being active and activities available in your area. If your child's results indicate that they are underweight, a School Nurse will contact you to discuss this further. There is a service called Change Makers which is part of Fitter Futures and is currently commissioned by Warwickshire County Council. If your child's results indicate that they are overweight, their information will be shared with Change Makers however, there will be an opportunity to opt out of the data sharing following the results letter. Change Makers can support you and your family with free, after school courses that involve healthy cooking sessions, interactive nutritional activities and a wide variety of games. If you chose to not opt out of the data sharing, you will receive a letter from Change Makers inviting you to a local course.

Further information about Change Makers can be found at www.fitterfutureswarwickshire.co.uk. If you have not received a results letter within four weeks of measuring you can assume that your child is a healthy weight.

Opting your child out of the NCMP programme

If you are happy for your child to be measured, you do not need to do anything. If you do not want your child to take part, or if you have any questions, please let us know using the contact details at the top of this letter. Children will not be made to take part if they do not want to.

The opportunity to discuss any health issues relating to your child is always available. Please do not hesitate to contact the service on the details provided. Parent/carers are also able to contact the service for advice and support through a confidential text messaging service available Monday to Friday 9am to 5pm on **07520 619376**.

Yours faithfully

Warwickshire School Health & Wellbeing Service