


	All About Me	My Relationships	My Body	My Thoughts, Feelings & Behaviours	My Choices & Personal Boundaries
Reception (0)	It's Me	What makes a family?	My body belongs to me	Exploring feelings	Touch & Feel
One (1)	Who is important to me?	Mummy's bump	Being Naked	Empathy	Is being tickled always fun?
Two (2)	Do girls & boys fit in boxes?	How do we show people we care for them?	My body my rules	When Anger is About (1)	What are they rules?
Three (3)	How I see me?	Families	Where did I come from?	Dealing with BIG feelings	my personal boundaries
Four (4)	What makes you - you?	What is a 'good' friend	Puberty (1): Lumps, bumps & hairy bits	When Anger is About (2)	What does privacy mean to you
Five (5)	Purple, not just pink & blue	Relationship Dilemmas	Puberty (2): My private parts	How my behaviour impacts others	Good & Bad Secrets
Six (6)	My Past & Future	(Un)healthy relationships	Puberty (3): 	Resilience & the power of YET	Consent & intimacy