

11th December 2019

Wednesday "Well - being club" Year 3,4,5 and 6.

Dear Parents

We are delighted to be able to offer a "Well - being" Club after school on Wednesday's from 3.15 – 4.15 p.m. for children in 5PM's classroom. The club will begin on Wednesday 8th January, and continue on Wednesday 15th January, Wednesday 22nd January and Wednesday 5th February. **Please note there is no club on 29th January.**

The club will allow children to complete a range of activities to promote wellbeing. We will use our 5 areas of well – being to carry out a range of activities such as yoga, a variety of crafts and relaxation.

It is important, as with all clubs in school, that once children commit to them they attend each session. Please collect your child from the main office.

Should you have any questions please do not hesitate to contact us in school.

Yours sincerely

Miss P Masani and Mrs E Ritchie.

<u>Wednesday "Well - being" Club - Year 3,4,5,6- Reply slip</u> (Please return your reply slips by Friday 20th December 2019)

I wish my child in class to attend the "Wellbeing" Club. I understand the club will run on Wednesday afternoons from 3.15 – 4.15 p.m. from Wednesday 8th January, Wednesday 15th January, Wednesday 22nd January and Wednesday 5th February. **Please note there is no club on 29th January.**

My child has the following medical notes to be aware of

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Name of Parent

Signature Date

